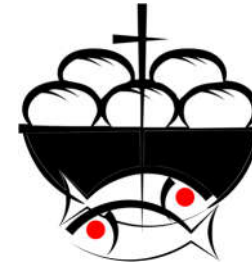


# St Michael's Meals

**Friendship and Meals served with Love**



## Our Vision

- Serve meals with love.
- Keep offering the homeless weekly meals and genuine friendship.
- Increase the number of the days the meals will be provided.
- Reach out to the elderly, the sick and those with special needs.
- Aim to open a centre to feed, house and clothe people on a regular basis.
- Create a mobile team to reach out and help the less fortunate: Homeless, Hungry, Lonely, Elderly and the Sick.



*Never see a need without doing something about it.*

*St Mary Mackillop*

## Our motivation emerges from Jesus' teachings:

For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, 'Lord when did we see you hungry and fed you, or thirsty and gave you something to drink? The king will reply, 'Truly I tell you, whatever you did for one of the least of my brothers and sisters of mine, you did for me.' Mt 23: 35, 37, 40

## Christian values are embodied

Members of St Michael's Meals aim to treat others with **unconditional positive regard**, to listen to them with **care and empathy**, and to **be genuine** in offering their services.

# Mutual Benefit

"We give but receive so much more."

"We create relationships that make a difference in both ways."

"We exchange real affection and enjoy a new spirit of camaraderie."

## Great Relationships

St Michael's Meals is a core group of dedicated parishioners of St Michael Melkite Catholic Cathedral.

This group splits on Wednesday nights at 7.00 pm to feed the homeless at Central Station, Woolloomooloo and Martin Place.

We have already built a trusting relationship with each other and with many homeless.

The relief, gratitude and friendship of the people we reach are our reward.

No-one chooses to be on the street, we look into their eyes and see the person inside. When we feed the body, we are surely accessing the spirit!

We know the regulars by name and even know their likes and dislikes.

We know for sure that Each has a story and that a few reasons pushed them onto the street, therefore, we don't ask "WHY" questions.



Please consider supporting us in any of the following:

1. Reaching out!
2. Preparing Meals!
3. Donating Money!

## Just talk to us:

St Michael's Meals, Incorporated Association,

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**Mail:** St Michael's Meals, PO Box 4, Canterbury, NSW 2193

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Commonwealth Bank of Australia, Account Name: St Michael's Meals, BSB: 062 158 Acct No: 10472614

Donations of \$2 and above are tax deductible